

## WHAT YOU CAN EXPECT ON A GOLF SCHOOL

Players of all ages and abilities are welcome including children over 12 years. You can come alone or with your partner or a group of friends. The emphasis is on refreshing your basic skills whilst also looking at your specific individual needs in a supportive and fun atmosphere. The schools cover all aspects of the game from;

- Woods to bunkers
- Individual VI video sessions
- Irons to putting
- On-course tuition

“My intention when coaching is to help my students understand how to improve their game and enjoy their golf. I do this by providing a full and comprehensive programme which covers all aspects of the game. This includes working with the student to identify what they want to change, making a plan for improvement, providing the necessary technical changes alongside drills and routines and helping them with on-course management. By doing this, we take the skills from the practice facilities onto the course and can measure the resulting improvements.”

## TARLETON GOLF

In addition to the schools based in the UK, you can also attend one of Denise's schools in Spain, Turkey, Cyprus and Portugal. As Director of Golf for Tarleton Travel, Denise provides weeks of tuition and fun competitions in the sunshine during the Winter and Autumn, Spring and Summer.

The resorts used are Islantilla, El Rompido, Almerimar, Valle Del Este, Novo Sancti Petri & Benalup in Spain plus The Sueno & The Cornelia Diamond Spa hotel in Turkey. Prices and dates are available from [www.tarletontravel.com](http://www.tarletontravel.com) or +44 (0)1604 633 633.

Tarleton Travel is ATOL protected and a member of IAGTO so your trip is fully protected. Tarleton's motto is “we take our job seriously...so you can enjoy your holiday.”



## BOOKING FORM

DATE OF SCHOOL

Surname (Mr/Mrs/Miss)

First Name

Address

Email

Phone No.

Signed

Dated

I enclose a cheque for £

Payable to “D A Hastings.”

- In the event of illness of Denise Hastings, we reserve the right to use another coach, or to cancel the school.
- In the event of cancellation by Denise, for any reason, all tuition costs will be refunded in full.
- We reserve the right to cancel any school with reasonable notice if less than 6 participants or if other circumstances make cancellation necessary.
- In the event of cancellation by you, we reserve the right to retain the following sums:
  - More than 60 days before the school – £35
  - 28-59 days before the school – £25% of the course fee
  - Between 7-28 days – 50%
  - Less than 7 days – 80%
- Payments in full should be made on booking: cheques made payable to “D A Hastings”
- Provisional bookings must be confirmed in writing within 3 weeks.

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Little Paxton, St Neots,  
Cambs. PE19 6PQ  
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Denise Mobile: +44 (0)7850 112975



DENISE HASTINGS  
GOLF  
SCHOOLS  
2019

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## DENISE HASTINGS

Honorary Member of PGA  
PGA Advanced Fellow Professional  
Certified Putting Instructor  
NLP Practitioner  
Former European Tour Player  
Stack & Tilt Network Instructor

Having been a founder member of the Women's PGA and after playing on the European tour for ten years, Denise expanded her career into coaching and has successfully taught hundreds of individuals in the UK and has also run many golf schools in the UK, Spain, Scandinavia and America. That background and extensive experience means she is able to work with you on the areas of your game which would benefit from attention and give you the skills you need to make the necessary changes.

In 2017 she was very proud to be made an Honorary Member of the PGA in recognition of her many achievements. As an Advanced Fellow of the PGA she continues to keep her knowledge up to date so that you can benefit from the latest teaching techniques. Denise is also a qualified NLP practitioner which enables her to explain how your thought processes influence your performance and allows you to take more control over the "mental aspects" of your game.

Denise also uses the latest technology to video your swing or putting stroke and gives you an audio and video analysis to help you plan a programme for improvement.

By offering individual and group lessons to all types of people from beginners to experienced golfers, whether they are juniors, men or women, Denise brings her experience to help you play your best golf.

Whether you have a specific part of your game that you want to work on, need your basic skills refreshed, want to start from scratch or take control of the mental and strategic parts of the game, Denise can help you.



## 2019 DATES

### 2-DAY SCHOOLS AT BEDFORDSHIRE GOLF CLUB

June	Sat-Sun	15th - 16th
July	Sat-Sun	27th - 28th
August	Sat-Sun	31st - 1st Sept

To include 2 days full coaching, all green fees and range balls.

Price £200pp

### 3-DAY SUMMER SCHOOL FOR WOMEN AT BEDFORDSHIRE GOLF CLUB

August 19th, 20th, 21st

A variety of golf clinics and instruction sessions as well as invaluable on-course Management and Strategy Tuition.

To include 3 days full coaching, all green fees and range balls.

Price £267pp

### 2-DAY SCHOOL WITH DENISE & GERAINT

2-day schools at Bedfordshire Golf Club dates:  
Sat-Sun 3rd - 4th August and Sat-Sun 7th - 8th September

Price £200pp

### NLP MASTER CLASS WEEKEND

Train your brain as well as your body!  
Using practical NLP Techniques, Denise will help you understand how your beliefs affect your performance. By providing specific drills to help you make the most of your pre-shot routines, you'll become more confident and focused when things get tough.

Price £220pp

### PRICES

1-to-1 30 minute Lesson £30

1-to-1 V1 Video Lesson £50

Personal Trainer Day

4 hour tuition inc. V1 Video, coffee £200

Full day clinic for eight people, 9.30 to 4.30

inc V1 Video Lesson, coffee £496

Short game day for eight people to cover all the shots,

9.30 to 4.30 inc. coffee £496

## BEDFORDSHIRE GOLF CLUB

### Welcome to Bedfordshire Golf Club – Bedfordshire's Premier Golfing Experience

Combining 127 years of golfing history with excellent new facilities, **Bedfordshire Golf Club is a great place to play golf**, whether you're an experienced player, or just starting out. We cater for all golfers with our superb and highly rated 18 Hole Stagsden Course, and also our 9 Hole (Par 3) Academy Course - ideal for improving your 'short' game. In addition, we have a 24 bay, floodlit, covered driving range to hone your skills.

**Bedfordshire Golf Club warmly welcomes visitors** to our two great golf courses, our driving range, our golf shop and for lessons with one of our golf professionals. Our extensive first floor bar, lounge and balcony which overlooks the 18th green, is also open to both members and visitors alike, to relax and enjoy a drink and a wide range of food.

Located in the beautiful North Bedfordshire countryside at Stagsden, we are just west of Bedford and within easy reach of Milton Keynes, Northampton, Luton and Wellingborough. We are also centrally based between the M1 and A1.

## DENISE HASTINGS & GERAINT DIXON 2 DAY GOLF SCHOOLS

Denise will be running three, 2-day golf schools with good friend and fellow professional Geraint Dixon. Geraint Dixon is Head Professional at Bedfordshire Golf Club, has been included in "Today's Golfer" magazine's list of the top 25 coaches in the UK and is a well respected county coach.

Denise and Geraint will split the groups by handicap so that appropriate emphasis can be given to different aspects of the coaching. This will avoid some players feeling out of their depth while others feel they require more of a challenge. Their shared enthusiasm for the game, patience, knowledge, experience and a good sense of humour will combine to show you new techniques, drills and routines and improve the way you think about and play golf. All aspects of the game will be covered plus video, club fitting and on-course tuition. At the end of your school, you will go home with new skills, new things to think about and the drills and routines you need to embed them in your game.

Bedfordshire Golf Club  
Spring Lane  
Stagsden  
Bedfordshire  
MK43 8SR



This 2 day school is non-residential.

The school includes:

All tuition both group and individual, a talk on club fitting, all range balls and green fees.

For more info please call Denise.